

ARCHITECTURE, REGENERATION AND SANITAS PER AQUAM

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Abstract

The SPA programme of architecture is a relatively recent one, whose development has occurred in the last 10 to 20 years, according to the desires of longevity and to the ideal of eternal beauty but as well according to the increasing need of dealing with stressful situations that became characteristic of the contemporary life. The paper aims to examine this programme, to outline its specific features, within the first part by identifying some landmarks – architecture programmes throughout the history, useful for pointing out whether certain features have or have not been perpetuated.

Keywords: *SPA, thermal baths, wellness, atmosphere*

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